

2019



January

Tuesday, January 1st	Thursday, January 3rd	Friday, January 4th	Saturday, January 5th
<p>CAFÉ CLOSED</p> <p>HAPPY NEW YEAR</p>	<p>5p-6p Kitchen Basics (J4)</p> <p>5p-6p Meditation (J2)</p> <p>5p-6p JESPY Journal (J4)</p> <p>5p-7p Zentangle (J4)</p>	<p>4p-5p Computer Class (J4)</p> <p>4p-4:45p Bingo (J4)</p> <p>5p-5:30p Community Dinner (J4)</p> <p>6p-8p</p>	<p>10:30a-11a Trip Planning Session (J4)</p> <p>12p-1p Dine-in Deli Lunch (J4)</p> <p>1p-2p Latch Hook Craft (J4)</p> <p>4p-5:30p Night at the Movies</p>
<p>Wednesday, January 2nd</p>	<p>6p-8p J-Street Band practice (J2)</p>	<p>6p-8p</p>	<p>Presents: Rudolph & the New Year's Baby (J4) (Snacks provided)</p>
<p>4p-5p Table Talk (J4)</p> <p>5p-6p Glee Club (J4)</p> <p>6:30p-7:30p Theatre Group</p> <p>6p-8p Catering Club (J4 Kitchen)</p> <p>NO NUTRITION GROUP</p> <p>**6p-8:30p IHOP (Bring \$\$ for dinner)</p>	<p>7p-8:30p Knitting (J4)</p> <p>6p-8p Book Nook (SO Library)</p> <p>6p-8p Social Action (Bring \$ for coffee)</p> <p>Bowling Practice 6-7:00 (Eagle Rock Lanes, WO)</p>	<p>Shabbat Service</p> <p>Come join us!!</p> <p>**6pm-10:30pm Disney On Ice—\$35 (Bring \$\$ for purchases and food)</p>	<p>Volley Ball Winter Games (Galloway Middle School, Galloway Township)</p> <p>**10a-6p Volleyball Spectators (Bring \$\$ for lunch)</p>

Sunday, January 6th	Monday, January 7th	Tuesday, January 8th	Wednesday, January 9th
<p>10a-11a Open Breakfast (J4) 2p-3p Art Collective (J4) 2p-3p Charades (J4) 5:30p-7p Open Mic Night (Dinner will be served.) (J4) Volley Ball Winter Games (Galloway Middle School, Galloway Township) **12p-5:30p Lakota Wolf Preserve Wolf Watch—\$20 (Bring \$\$ for lunch)</p>	<p>4p-5p JESPY Planters (J4) 4p-5p Word Puzzles (J4) 4p Grief & Loss Processing (J2) 5p-6p Couponing (J4) 5p-6p Poetry (J2) 5p-6p Art Collective (J4) **6p-7p Starbucks Trip (Bring \$ for coffee) 7p Stress & Anxiety Management (J2) 6p-8p J-Street Band Practice (J2) **6p-8p Stop & Shop Shuttle (Bring \$\$ for purchases)</p>	<p>4p-5p Yoga (J2) 4p-5p Healthy Choices (J4) 5p-6p Kitchen Basics (J4) 5p-6p Current Events (J4) 6p Social & Communication Skills (J2) 7p Anger Management (J2) 6p-7p Women's Book Club 6p-7p Music Composition (J4) 7:30p-8:30p Zumba (J2) 6p-7:30p Walking Group (J4) 6p-8p P.A.C.E. Work Program (J4) Basketball Practice 5:30-6:30 pm (Hoop Heaven, Whippany)</p>	<p>4p-5p Doodle time (J4) 4:30p-5:30p Latch Hook Craft (J4) 5p-6p Glee Club (J4) 6:30p-7:30p Theatre Group 6p-8p Catering Club (J4 Kitchen) 6p-8p Nutritional Cooking Group (J2 Kitchen) **6p-8:30p Walmart (Bring \$\$ for purchases)</p>
Thursday, January 10th	Friday, January 11th	Saturday, January 12th	<p>Group Exercise is every Monday thru Thursday and each day it starts at 4pm</p>  <p>There is no exercise on Tuesday, January 1st.</p>
<p>4p-5p Paint By Number 5p-6p Kitchen Basics (J4) 5p-6p Meditation (J2) 5p-7p Zentangle (J4) 6p - CLIENT TEAM MEETING with AUDREY (J4) 6p-8p Book Nook (SO Library) 6p-8p J-Street Band Practice (J2) 7p-8:30p Knitting (J4) Bowling Practice 6-7:00 (Eagle Rock Lanes, WO)</p>	<p>4p-5p Computer Class (J4) 4p-4:45p Bingo (J4) 5p-5:30p Community Dinner (J4) 6p-8p CLUB JESPY Come cut a rug in the JESPY café! **6:30 pm Shabbat Service @ Temple Beth Shalom</p>	<p>10:30a-11a Menu Planning (J4) 12p-1p Dine-In Deli Lunch (J4) 2p-3p Jewelry Bead Art (J4) 4p-5:30p Night at the Movies presents: Ghostbusters II (J4) (Snacks provided) Bowling Sectionals TBD (Brunswick Lanes, Nutley) **3:30p-7:30p Warren Winter Festival (Bring \$\$ for food and purchases)</p>	

Sunday, January 13th	Monday, January 14th	Tuesday, January 15th	Wednesday, January 16th
<p>10a-11a Open Breakfast (J4) 12p-2p Iron-On Beads (J4) 1p-2p Pokeno (J4) 4:00p-5:30p Open Mic Night (J4)</p> <p>**10a-4p Liberty Science Center— \$35 (Bring \$\$ for lunch and purchases)</p>	<p>4p-5p JESPY Planters (J4) 4p-5p Word Puzzles (J4) 4p Grief & Loss Processing (J2) 5p-6p Couponing (J4) 5p-6p Poetry (J2) 5p-6p Art Collective (J4) **6p-7p Dunkin Donuts Trip (Bring \$ for coffee) 7p Stress & Anxiety Management (J2) 6p-8p J-Street Band Practice (J2) **6p-8p Trader Joes Tip (Bring \$\$ for purchases) SO BOARD MEETING 8PM</p>	<p>4p-5p Yoga (J2) 4p-5p Healthy Choices (J4) 5p-6p Kitchen Basics (J4) 5p-6p Current Events (J4) 6p Social & Communication Skills (J2) 7p Anger Management (J2) 6p-7p Women's Book Club 6p-7p Music Composition (J4) 7:30p-8:30p Zumba (J2) 6p-7:30p Walking Group (J4) 6p-8p P.A.C.E. Work Program (J4) Basketball Practice 5:30-6:30pm (Hoop Heaven, Whippany)</p>	<p>4p-5p Doodle time (J4) 4:30p-5:30p Latch Hook Craft (J4) 5p-6p Glee Club (J4) 6:30p-7:30p Theatre Group 6p-8p Catering Club (J4 Kitchen) 6p-8p Nutritional Cooking Group (J2 Kitchen) **6p-8p Essex Green Shopping (Bring \$\$ for purchases)</p>
Thursday, January 17th	Friday, January 18th	Saturday, January 19th	JESPY needs your voice!
<p>5p-6p Kitchen Basics (J4) 5p-6p Meditation (J2) 5p-6p JESPY Journal (J4) 5p-7p Zentangle (J4) 6p-8p CLIENT TEAM MEETING (J4) 6p-8p J-Street Band practice (J2) 7p-8:30p Knitting (J4) 6p-8p Book Nook (SO Library) 6p-8p Social Action (Making cards for Fire Department) Bowling Practice 6-7:00 (Eagle Rock Lanes, WO)</p>	<p>4p-5p Computer Class (J4) 4p-4:45p Bingo (J4) 5p-5:30p Community Dinner (J4) 6p-8p Third Friday Event Come join us! Third Friday is a monthly event that will be sponsored by the Judi House Committee. Each month will be unique and fantastic! More information to be announced.</p>	<p>10:30a-11a Trip Planning Session (J4) 12p-1p Dine-in Deli Lunch (J4) 1p-2p Latch Hook Craft (J4) 4p-5:30p Night at the Movies presents: Our Friend Martin (J4) (Snacks provided) **10a-5p Freehold Mall and Golden Corral (Bring \$\$ for lunch and purchases)</p>	<p>There are two SO Board Meetings (January 8th and 28th—Mondays) where we need your help and support!</p> <p>SOUTH ORANGE IS OUR HOME!</p> <p>We don't want to leave our friends, our homes and our Community. So please come help us in our efforts to get more affordable housing in South Orange!</p> <p>We want as many clients and supporters as possible to attend to show that</p> <p>EVERYBODY BELONGS HERE!!!</p>

Sunday, January 20th	Monday, January 21st	Tuesday, January 22nd	Wednesday, January 23rd
<p>10a-11a Open Breakfast (J4) 12p-2p Word scramble (J4) 2p-3p Creative Baking (J4) 4:00p-5:30p Open Mic Night (J4)</p> <p>Basketball Game (Woodrow Wilson Middle School, Clifton) TBD</p> <p>**11a-4p Rizzos Wildlife World and lunch—\$10 (Bring \$ for lunch)</p>	<p>4p-5p JESPY Planters (J4) 4p-5p Word Puzzles (J4) 4p Grief & Loss Processing (J2) 5p-6p Couponing (J4) 5p-6p Poetry (J2) 5p-6p Art Collective (J4) **6p-7p Starbucks Trip (Bring \$ for coffee) 7p Stress & Anxiety Management (J2) 6p-8p J-Street Band Practice (J2) **6p-8p Stop & Shop Shuttle (Bring \$\$ for purchases)</p>	<p>4p-5p Yoga (J2) 4p-5p Healthy Choices (J4) 5p-6p Kitchen Basics (J4) 5p-6p Current Events (J4) 6p Social & Communication Skills (J2) 7p Anger Management (J2) 6p-7p Women's Book Club 6p-7p Music Composition (J4) 7:30p-8:30p Zumba (J2) 6p-7:30p Walking Group (J4) 6p-8p P.A.C.E. Work Program (J4) Basketball Practice 5:30-6:30pm (Hoop Heaven, Whippany)</p>	<p>NO REGULAR CAFE</p> <p>6:30p-7:30p Theatre Group 6p-8p Nutritional Cooking Group (J2 Kitchen) **6p-8:30p Millburn Diner (Bring \$\$ for dinner)</p>
Thursday, January 24th	Friday, January 25th	Saturday, January 26th	
<p>4p-5p Card Game—Uno (J4) 5p-6p Kitchen Basics (J4) 5p-6p Meditation (J2) 5p-7p Zentangle (J4) 6p-8p J-Street Band practice (J2) 7p-8:30p Knitting (J4) 6p-8p Book Nook (SO Library) 6p-8p Social Action (Bring \$ for coffee)</p> <p>Bowling Practice 6-7:00 (Eagle Rock Lanes, WO)</p>	<p>4p-5p Computer Class (J4) 4p-4:45p Bingo (J4) 5p-5:30p Community Dinner (J4) 6p-8p</p> <p>CLUB JESPY</p> <p>Come cut a rug in the JESPY café!</p>	<p>10:30a-11a Table Talk (J4) 12p-1p Dine-in Deli Lunch (J4) 2p-3p –Sip & Paint 4p-5:30p Night at the Movies presents: Trading Places (J4) (Snacks provided)</p> <p>**12:45p-5:30p Medieval Times—\$50 (Bring \$ for purchases)</p>	

Sunday, January 27th	Monday, January 28th	Tuesday, January 29th	Wednesday, January 30th
<p>10a-11a Open Breakfast (J4) 12p-2p Iron-On Beads (J4) 2p-3p Parfait making (J4) 4:00p-5:30p Virtual Tour of Tasmania (Activities & themed snack provided) (J4)</p> <p>Basketball Game (Woodrow Wilson Middle School, Clifton) TBD</p> <p>**11a-5p iPlay America (Bring \$ for lunch and games)</p>	<p>4p-5p JESPY Planters (J4) 4p-5p Word Puzzles (J4) 4p Grief & Loss Processing (J2) 5p-6p Couponing (J4) 5p-6p Poetry (J2) 5p-6p Art Collective (J4) **6p-7p Village Diner (Bring \$ for food) 7p Stress & Anxiety Management (J2) 6p-8p J-Street Band Practice (J2) SO BOARD MEETING 8PM</p>	<p>4p-5p Yoga (J2) 4p-5p Healthy Choices (J4) 5p-6p Kitchen Basics (J4) 5p-6p Current Events (J4) 6p Social & Communication Skills (J2) 7p Anger Management (J2) 6p-7p Women's Book Club 6p-7p Music Composition (J4) 7:30p-8:30p Zumba (J2) 6p-7:30p Walking Group (J4) 6p-8p P.A.C.E. Work Program (J4) Basketball Practice 5:30-6:30pm</p>	<p>4p-5p Doodle time (J4) 4:30p-5:30p Latch Hook Craft (J4) 5p-6p Glee Club (J4) 6:30p-7:30p Theatre Group 6p-8p Catering Club (J4 Kitchen) 6p-8p Nutritional Cooking Group (J2 Kitchen) **6p-8p Livingston Mall (Bring \$\$ for purchases)</p>
<p>Thursday, January 31st</p>	<p style="text-align: center;">Blue = Must Sign Up (Shay Remillard, ext. 424 or sremillard@jespy.org)</p> <p><i>For any trips or groups in blue, you must sign up with Shay via phone or email to be guaranteed a spot on the trip. If you show up without signing up and there are no openings, you will be turned away. If you sign up for a trip that requires a ticket purchase, you will be responsible for that cost even if you cannot attend the outing.</i></p> <p style="text-align: center;">Clinical groups are \$15 per session. There are package rates available for clients attending multiple groups. Please contact Tanya at 307 for group details or regarding payment.</p> <p>Please also note that the location for all activities are listed next to their activity names. For any **community trips or athletic events, clients should expect to meet at the Judi House unless otherwise instructed and should only arrive 15 minutes before the departure time. Any questions or concerns regarding sports please call Jerica Best, Athletics Coordinator, ext 426 or Tabitha Richardson-Smith, Head Coach, ext 304.</p> <p style="text-align: center;">Please check for any altered café hours throughout the month in bold purple font.</p> <p><u>Please remember that the café closes at 6pm daily, and Monday thru Friday, clients are able to choose one of the available programs to attend after 6pm.</u></p>		
<p>5p-6p Kitchen Basics (J4) 5p-6p Meditation (J2) 5p-7p Zentangle (J4) 6p-8p J-Street Band practice (J2) 7p-8:30p Knitting (J4) 6p-8p Book Nook (SO Library) 6p-8p Social Action (Bring \$ for coffee)</p>			