
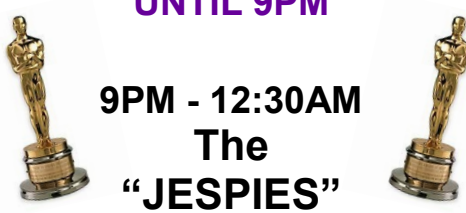


DECEMBER

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><i>Check out all the holiday Parties coming up!</i></p> <p><i>Tuesday the 5th</i></p> <p><i>Monday the 11th</i></p> <p><i>Wednesday the 13th</i></p> <p><i>Monday the 18th</i></p> <p><i>Sunday the 24th</i></p> <p><i>Sunday the 31st</i></p>		 <p>SIGN UP for all trips in BLUE and with **ASTERISKS** by contacting SHAY via email at sremillard@jespy.org, or by phone, ext. 424. You will receive a confirmation phone call or email securing your spot on the trip.</p>			<p>1</p> <p>4p-5p Computer Class (J4) 6p-6:30p Community Dinner (J4) 7p-8p Bingo (J4)</p> <p>No Trip</p>	<p>2</p> <p>10:30a-11a Party Planning Session (J4) 12p-1p Dine-In Deli Lunch (J4) 2p-4p Iron On Beads (J4) 5p-7:30p Night at the Movies "Home Alone" (J4) **11:30a-4p Historic Holiday House Tour of Zenas Crane Homestead (Bring \$\$ for lunch) Group Exercise (J4) Time: 1:30p Volleyball 9:30a-12:45p</p>
<p>3</p> <p>10a-11a Open Breakfast (J4) 1p-3p JESPY Memory Book (J4) 5p-7p Open Mic Night (Dinner will be served.) (J4)</p> <p>**2:30p-6:30p Winter Weekend Celebration in Union (Bring \$\$ for dinner)**</p>	<p>4</p> <p>4p-5p Healthy Snacks (J4) 4p-5p JESPY Planters (J2) 6p-7p Poetry (J2) 5:30p-7p THE JESPY MAN CAVE Dinner and discussion with the JESPY Mens Club (All male clients welcome!) 4p-6p Group Exercise (J4) **6p-8p Stop & Shop Shuttle**</p>	<p>5</p> <p>5p-6p Chanukah Party with Temple Beth El (Refreshments will be served) (J4) 6p Women's Book Club (J2) 6p-7:30p Music Composition (J4) 7p-8p Current Events (J4) 7:30p-8:30p Zumba (J2)</p> <p>4p-8p Group Exercise (J4) 8pm—Volleyball Practice</p>	<p>6</p> <p>4-5 JESPY Memory Book (J4) 5p-6p Glee Club (J4) 5p-7p Working Women's' Support Network (J4) 6:30p-8p Theater Group (J2) 6p-7:30p Soup and Salad Dinner(J4)</p> <p>4p-6p Group Exercise (J4) 5:30p—Bowling Practice</p>	<p>7</p> <p>5p-6p Kitchen Basics (J4) 6p-7p Zentangle (J4) 6p-7p JESPY Memory Book (J4) 6p-8p J-Street Band (J2) 7p-8p IPADS for Beginners (J4) 7p-8:30p Knitting (J4)</p> <p>4p-8p Group Exercise (J4) 5:30p—Bowling Practice</p>	<p>8</p> <p>4p-5p Computer Class (J4) 6p-6:30p Community Dinner (J4) 7p-8p Bingo (J4)</p> <p>**5p-8p Livingston Mall (Bring spending \$\$)**</p>	<p>9</p> <p>10:30a-11a Activity Planning Session (J4) 12p-1p Dine-In Deli Lunch (J4) 2p-4p Clay Sculpting (J4) 5p-7:30p Night at the Movies "Cool Runnings" (J4) **11a-4p Palisades Mall (Bring \$\$ for food and shopping** Group Exercise (J4) Time: TBA Volleyball—Time TBA</p>

<u>Sunday</u>	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>	<u>Saturday</u>
<p>10</p> <p>10a-11a Open Breakfast (J4) 1p-3p Sip & Paint (J4) 5p-7p Open Mic Night (Dinner will be served.) (J4)</p> <p>**12p-7:30p Lights and Movie Sites Bus Tour of NYC \$50 (Bring money for lunch) SPACE LIMITED**</p>	<p>11</p> <p>4p-5p Healthy Snacks (J4) 4p-5p JESPY Planters (J2) 5p-6p Poetry (J4)</p> <p>4p-6p Group Exercise (J4)</p> <p>THE CAFÉ WILL CLOSE AT 6PM for</p> <p>6p-9p Holiday Festivus Party at the Elks Club</p> <p>Food, fun, and dancing. Bring \$ for raffles! Sign up at J4.</p>	<p>12</p> <p>5p-6p Couponing (J4) 6p-7p Kitchen Basics (J4) 5p-6p Meditation (J2) 6p-7:30p Music Composition (J4) 7p-8p Current Events (J4) 7:30p-8:30p Zumba (J2)</p> <p>4p-8p Group Exercise (J4)</p> <p>8pm—Volleyball Practice</p>	<p>13</p> <p>4-5 JESPY Memory Book (J4) 5p-6:30p Chanukah Party with Temple Beth Shalom (Dinner will be served.) (J4) 5p-7p Working Women's' Support Network (J4) 6:30p-8p Theater Group (J2) 7p Basketball Meeting (J4)</p> <p>4p-6p Group Exercise (J4)</p> <p>5:30p—Bowling Practice</p>	<p>14</p> <p>4-5 JESPY Memory Book (J4)</p> <p>THE CAFÉ WILL CLOSE AT 5:30PM</p>	<p>15</p> <p>4p-5p Computer Class (J4) 6p-6:30p Community Dinner (J4) 7p-8p Bingo (J4)</p> <p>**6p-8p Shabbat Service at Temple Beth Shalom**</p> <p>**6p-10p Hip Hop Nutcracker at NJPAC \$8 **</p>	<p>16</p> <p>10:30a-11a Menu Planning Session (J4) 12p-1p Dine-In Deli Lunch (J4) 2p-4p Iron On Beads (J4) 5p-7:30p Night at the Movies: "Frozen" (J4)</p> <p>** 6p-11p JCC Holiday Dinner Dance - \$30 **</p> <p>Group Exercise (J4) Time: TBA</p> <p>Volleyball—Time TBA</p>
<p>17</p> <p>10a-11a Open Breakfast (J4) 1p-3p JESPY Memory Book (J4) 5p-7p J-Street Band Performance (Dinner will be served.) (J4)</p> <p>**Holiday Express - Time: TBD**</p>	<p>18</p> <p>4p-5p Healthy Snacks (J4) 4p-5p JESPY Planters (J2) 5p-6p Chanukah Party with Temple Sharey-Tefilo (Refreshments will be served.) (J4) 6p-7p Poetry (J2) 6p-8p J-Street Band (J2)</p> <p>4p-6p Group Exercise (J4)</p> <p>**6p-8p Stop & Shop Shuttle**</p>	<p>19</p> <p>5p-6p Couponing (J4) 6p Women's Book Club 6p-7p Kitchen Basics (J4) 5p-6p Yoga (J2) 6p-7:30p Music Composition (J4) 7p-8p Current Events (J4) 7:30p-8:30p Zumba (J2)</p> <p>4p-8p Group Exercise (J4)</p> <p>8pm—Volleyball Practice</p>	<p>20</p> <p>4-5 JESPY Memory Book (J4) 5p-6p Glee Club (J4) 5p-7p Working Women's' Support Network (J4) 6:30p-8p Theater Group (J2) 6p-7:30p Birthday Club (Dinner and dessert will be served.) (J4)</p> <p>4p-6p Group Exercise (J4)</p> <p>5:30p—Bowling Practice</p>	<p>21</p> <p>5p-6p Kitchen Basics (J4) 6p-7p Zentangle (J4) 5p-6p JESPY Memory Book 6p-8p J-Street Band (J2) 6p-8p CLIENT TEAM MEETING (J4) 7p-8:30p Knitting (J4)</p> <p>4p-8p Group Exercise (J4)</p> <p>5:30p—Bowling Practice</p>	<p>22</p> <p>4p-5p Computer Class (J4) 6p-6:30p Community Dinner (J4) 7p-8p Bingo (J4)</p> <p>**5p-8p Central Burger (Bring \$\$ for dinner)**</p>	<p>23</p> <p>10:30a-11a Setting Goals for 2018 (J4) 12p-1p Dine-In Deli Lunch (J4) 2p-4p Ceramic Painting (J4) 5p-7:30p Night at the Movies "Elf" (J4)</p> <p>** 4p-8:30p Skylands Stadium Christmas Light Show and Holiday Village - \$5 (Bring money for dinner) **</p> <p>No Exercise</p> <p>No Volleyball</p>

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>24</p> <p>12p-1p Holiday Luncheon (J4) 1p-2p Holiday Games and Activities (J4)</p> <p>THE CAFÉ WILL CLOSE AT 3PM</p>	<p>25</p> <p>THE CAFÉ WILL BE CLOSED TODAY</p>	<p>26</p> <p>5p-6p Couponing (J4) 6p-7p Kitchen Basics (J4) 5p-6p Meditation (J2) 6p-7:30p Music Composition (J4) 7p-8p Current Events (J4) 7:30p-8:30p Zumba (J2)</p> <p>4p-8p Group Exercise (J4)</p> <p>8pm—Volleyball Practice</p>	<p>27</p> <p>4-5 JESPY Memory Book (J4) 5p-6p Glee Club (J4) 5p-7p Working Women's' Support Network (J4) 6:30p-8p Theater Group (J2) 6p-7:30p Dinner and Virtual Tour of Australia (A themed dinner will be served.) (J4)</p> <p>4p-6p Group Exercise (J4)</p> <p>5:30p—Bowling Practice</p>	<p>28</p> <p>5p-6p Kitchen Basics (J4) 6p-7p Zentangle (J4) 6p-7p Social Action 6p-8p J-Street Band (J2) 7p-8p IPADS for Beginners (J4) 7p-8:30p Knitting (J4)</p> <p>4p-8p Group Exercise (J4)</p> <p>5:30p—Bowling Practice</p>	<p>29</p> <p>4p-5p Computer Class (J4) 6p-6:30p Community Dinner (J4) 7p-8p Bingo (J4)</p> <p>**5p-8p Walmart (Bring spending \$\$)**</p>	<p>30</p> <p>10:30a-11a Party Prep for The JESPIES! (J4) 12p-1p Dine-In Deli Lunch (J4) 2p-4p Iron On Beads (J4) 5p-7:30p Night at the Movies: "New Years Eve" (J4)</p> <p>**10a-4p PEEPSFEST Fesival (Bring \$\$ for lunch & activities)**</p> <p>Group Exercise (J4) Time: TBA</p> <p>No Volleyball</p>
		<p>Blue = Community Inclusion Trips (Shay Remillard, ext. 424) <i>For any trips, you MUST sign up with Shay via phone or email to be guaranteed a spot on the trip. If you show up without signing up and there are no openings, you will be turned away. If you sign up for a trip that requires a ticket purchase, you will be responsible for that cost even if you cannot attend the trip.</i></p> <p>Red = Athletics Practices/Events/Personal Training (Wayne Branch, ext. 426) <i>Please contact Wayne Branch with any questions about the personal training program. You do not need to be a part of the athletics program to attend personal training sessions.</i></p> <p>Please also note that the location for all activities are listed next to their activity names. For any community trips or athletic events, clients should expect to meet at the Judi House unless otherwise instructed and should be there 15 minutes before the departure time.</p> <p>Please check for any altered café hours throughout the month in bold purple font.</p>				
<p>31</p> <p>THE CAFÉ WILL BE CLOSED UNTIL 9PM</p>  <p>9PM - 12:30AM The "JESPIES" New Years Party Come in your most elegant attire and walk the red carpet, win awards, eat a great meal, dance the night away, and bring in the new year with your friends at JESPY's own AWARDS SHOW!</p>						